DR. CHARLES METZGER'S SATURDAY EVENING NEWSLEITER

JANUARY 25, 2025

PROSTATE FORUM OF ORANGE COUNTY CALIFORNIA

prostateforumoc@gmail.com

https://www.prostateforum.org/newsletters

Magnetic Resonance Imaging Versus Computed Tomography Guidance for Stereotactic Body Radiotherapy in Prostate Cancer: 2-year Outcomes from the MIRAGE Randomized Clinical Trial <u>European Urology</u> November 13, 2024 Amar U. Kishan, M.D. et al, University of California Los Angeles Medical Center. <u>https://www.uclahealth.org/providers/amar-</u> <u>kishan?utm_source=ExtNet&utm_medium=Yext</u> This article is available via <u>https://www.sciencedirect.com/science/article/pii/S0302283824026885</u>

Good Saturday evening!

MRI guided SBRT is living up to expectations according to a study led by Amar Kishan, M.D. of UCLA. In this 2-year long study, prostate cancer patients were randomly assigned to either the CT-SBRT or MRI-SBRT group. Data was gathered both self-reported from patients and from their doctors following their SBRT course of treatment. The study examined how each group compared in terms of sexual function, urological and / or bowel issues from radiation.

Now the good news. MRI guided SBRT does in fact protect healthy tissues outside of the margins. Those treated with MRI radiation did significantly better with bladder and bowel toxicity and sexual function.

Dr. Kishan of UCLA led this study. We always enjoy his presentations and encourage you to seach for his talks with us at <u>https://www.prostateforum.org/guest-chats</u> and <u>https://www.prostateforum.org/presentations</u>.

We look forward to seeing you at our support and information groups on the 2nd and 4th Tuesday evenings of every month from 5:00 to 7:00 PM on zoom. Check out <u>https://www.prostateforum.org/meetings</u> for details.

And, we want to see you at our live presentations by the top medical experts in the world. Be sure to sign up for announcements here: <u>https://www.prostateforum.org/</u> and scroll down to register for our emails. <u>https://www.prostateforum.org/</u>

Enjoy your Sunday.

Warmly,

CKM