

DR. CHARLES METZGER'S SATURDAY EVENING NEWSLETTER

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PROSTATE FORUM OF ORANGE COUNTY CALIFORNIA

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<https://www.prostateforum.org/newsletters>

**Omitting biopsy with negative MRI reduces detection
of clinically insignificant prostate cancer: Study**

MEDICAL XPRESS

SEPTEMBER 27, 2024 by Elana Gotkine

<https://medicalxpress.com/news/2024-09-omitting-biopsy-negative-mri-clinically.html>

Good news out of Sweden tonight.

A controlled study involving 13,000 Swedish men aged 50-60 shows that MRI use REDUCES THE NEED FOR BIOPSIES OF CLINICALLY INSIGNIFICANT (Gleason 3 + 3) CANCERS.

The **MEDICAL XPRESS** article above is patient friendly. The Swedish study is one of several recommending MRI prior to biopsies. And it's been Prostate Forum's recommendation for years. Get an MRI first. Then if a biopsy is needed the MRI guides the biopsy. There are other published studies over the years saying the same thing.

The Prostate Forum looks forward to seeing you in our Support & Information Groups on the 2nd and 4th Tuesday of each month from 5:00 p.m. to 7:00 p.m. Pacific time.

<https://www.prostateforum.org/meetings>

Have a great holiday and we will see you soon.

Warmly,

CKM