## DR. METZGER'S SATURDAY EVENING NEWSLETTER OCTODER 5, 2024

## PROSTATE FORUM OF ORANGE COUNTY

HTTPS://WWW.PROSTATEFORUM.ORG/

## High Decipher score is predictive of docetaxel benefit in advanced prostate cancer

September 19, 2024 By <u>Urology Times staff</u>
<a href="https://www.urologytimes.com/view/high-decipher-score-is-predictive-of-docetaxel-benefit-in-advanced-prostate-cancer">https://www.urologytimes.com/view/high-decipher-score-is-predictive-of-docetaxel-benefit-in-advanced-prostate-cancer</a>

## Good Saturday evening!

We continue into Autumn with more good news about the progress of personalized treatments for metastatic prostate cancer. Gerhardt Attard, MD, PhD, FRCP who is a medical oncologist at the University College in London, England, presented a study of patients who received ADT's and androgen receptor pathway inhibitors. Some of these patients responded to the dual drug therapy and some did not. For those who didn't respond a chemotherapy drug called docetaxel is added to their regimen. This drug has several important side effects as do ADT's. Doctors don't want to prescribe a drug unless it's going to help. In a study Dr. Attard published last year in Lancet Oncology, he showed only 25% of prostate cancer patients benefitted from chemotherapy leaving 75% to deal with serious side effects sans disease free survival. Dr. Attard's team working with Decipher's developer Veracyte, discovered that patients with a high Decipher genetic test score did better with docetaxel than those with a low Decipher score.

Ira and I discuss Decipher testing of prostate biopsy tissue often in the information and support groups. Since tissue is already available, Decipher is a painless, no fuss means of detecting genetic aberrations that could lead to cancer spread and treatment challenges. Your doctor needs to order this test and their may be a charge for it. Learn more about Decipher at their website. <a href="https://decipherbio.com/">https://decipherbio.com/</a>
Discuss Decipher or tests like it with your treatment team.

Check out the Urology Times link above. It's a short, straightforward article. And, we at Prostate Forum look forward to seeing you at our 2<sup>nd</sup> and 4<sup>th</sup> Tuesday information & support groups starting at 5:00 p.m. Pacific Time. You are welcome to join us on zoom from wherever you are. Visit <a href="https://www.ProstateForum.org">www.ProstateForum.org</a> for more information.

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**CKM**